

[1985?]

## **If someone you know is Detained, Arrested, Harrassed or Injured in Terms of Security Legislation;**

1. Contact the RELIEF OFFICE 23-1253 or 24-3782 or CRISIS RELIEF CENTRE 637-2898 who will be able to put you in contact with lawyers etc.
2. If you are not in contact with the relief offices and need financial assistance with regard to legal costs, contact DEPENDANTS' CONFERENCE 45-2100 or LEGAL AID BOARD 637-9107.
3. Most families who are faced with detention, arrest etc. need support. This support they can get through their contact with DETAINEES PARENT SUPPORT COMMITTEE (D.P.S.C.). If you wish to contact D.P.S.C. You can contact the relief offices who will supply you with the information.
4. Contact the local parish priest who in turn could be of assistance by contacting the local prison chaplain.
5. Any people that have information regarding detentions, arrests, injuries, harrassment could pass this information on to the Relief offices.
6. Just as we need human support at this time, we need the power and strength that prayer gives. Therefore as a community of prayer, let us devote some time during our liturgies to pray for those detained, arrested, injured, killed, harrassed. Special liturgies could be organised from time to time.
7. As the pressure is great on the families of those detained, arrested, etc., let us relieve this pressure by making ourselves available through offering our assistance in transporting the members of the families to police-stations, prisons, meetings, etc. or babysitting the children while the adults are otherwise engaged.

The burden at this time is very heavy for many of us. Let us create the kind of community that will ease the pain and suffering we experience.