

- Police harassment/State of Emergency
- Chiefs and witchcraft
- Use of vigilantes

Some of the groups read out their press statements for comments and to check if they were detailed enough.

## Comments on the workshop

The workshop was a success in that it met all of its objectives. It provided people from different organisations with enough information and skills to arrange such workshops in their own areas with the view of transferring the skills and information to people who need them most.

The workshop itself created a link between different organisations.

CRITICAL HEALTH will supply, on request, the names and addresses of service organisations who were involved in this workshop, or of any organisations working in the broad field of health, education, and social welfare.

If you need the contact address of any such organisation, write to:

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**P.O. Box 16250**

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# **FIRST AID BOOKLET AND VIDEO**

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During the State of Emergency declared in South Africa last year, Health Care Trust was called upon for assistance with first aid and emergency treatment. As a result of this, an emergency treatment team was set up comprising medical doctors (NAMDA), nurses (Health Care Trust and Nurses Support Group) and paramedical personnel.

Unfortunately, this structure was affected by the repression of the time and became virtually ineffective. Once again, Health Care Trust was *approached by the communities to conduct first aid programmes*. However, the request was for these programmes to be more localised.

The first group trained was the Ulwazi Christian Students. Requests were also received from outlying areas such as Beaufort West, Saldanha Bay, Worcester, etc. As the demand grew it became more and more difficult for Health Care Trust to conduct intensive programmes within each area.

With this problem in mind, we consulted the Ulwazi Christian Students and looked at how they could possibly pass on their newly acquired skills *to their community*. The idea of producing media on how to treat different injuries came about.

After further exploring this idea, it was decided to produce a booklet. This group was given the responsibility of writing on issues such as burns, teargas, etc. This booklet was to serve as a reference book for groups with whom it was difficult to have direct contact.

The Health Care Trust found that the booklet was not adequately addressing the needs of communities, especially in the outlying areas. *Practical demonstration was essential, and it was then decided that a video would meet this need.*

The video and booklet were first produced in Afrikaans as this is the medium of the outlying areas. It has now been translated into English.

The first aid booklet is available at 15 cents each.

The video is available at R30,00 in Afrikaans, English and Xhosa.

**Both are available from the Health Care Trust office,  
41 Scott Rd  
Observatory  
Cape Town  
7925**



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