

8th November, 1980

My dear Phyllis,

Thank you for your letter dd 10th October, received last week. I read your letter to Jack and he appeals to you to be sensible and accept payment-it is such a great help to us your raisins, oats and all the other things-so please do not misunderstand us. We value your friendship very much and will not allow anything to injure it.

Alfredo left on Tuesday 4th I gave him a letter and a present, from you to Sha and asked him to let me know what he needs and what his size is -as we can always send on to him with our Cuban friends. I asked Alfredo to please, arrange to see him, so he can bring a personal message from him. Cecilia also complains that her son the same age as Sha does not write to her and so other mothers. Could not find Gorky's Mother -will order it, am sending to you his "Childhood"-will definitely send on books -have given an order for books -several copies each -this was for New-year presents so you will get what ever I receive.

Now about us -at present Jack is suffering from slipped disc - is in great pain -it took me weeks before he accepted my suggestions for treatment -have it for the past 16 years -reminded him of the first years of suffering -he forgot, he has agreed to have physiotherapy treatment next week -a great victory! Johan was her a great pleasure to us .He completed is MSC inEngineering Genetics

and after spending with us 14 days (lucky we had curfew here from 7p.m to 6am so we had of him more than expected) he left on Sunday for Essex to do a PhD in Hormones and is also keeping up the study of Psychology. His book of poetry The Agony of my heart was published by NECZAM - many mistakes (including his name) which upset him - he says mistakes in poetry is much worse than mistakes in a novel. They just gave him one copy, which he left with us. They were all rushed to the Frankfurt book Exhibitions and undertook to send more to him - when we get more or when they will be on sale here you will get a copy.

From M&T - they are very frustrated and unhappy. One more year, but friends say, we must not lay much hope - why else to they harass them - anything they can do to upset them they are just beasts!! Did you get the Makonde necklace for Sakthie - sent it in the envelope ~~under~~ on the second Oct. a carving and a letter sent with Dimphe. Love to you both from us both.

Mac is here, but could not see him to discuss your letter - Zorina has been ill for the past six weeks and has to fly to UK for treatment. Other comrades ill - so please keep well and tell me how you are?

Yours as ever,

Ray