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Dear Phyllis,

Once again I have to begin my letter with profound apologies for not writing sooner. Unfortunately I was taken ill, and had to spend a short time in hospital, not long after your letter arrived. However I did write to Bishop Reeves, and received a very kind reply. He writes "The faith and perseverance of women like Phyllis are a great encouragement to those who like myself battle on in the struggle for the liberation of all the peoples in Southern Africa". He speaks of meeting leaders of various liberation movements and concludes "however hard and long the struggle may be the outcome becomes increasingly certain".

The liberation of the former Portuguese territories is a step in the right direction. Yet formal political freedom is not enough. Kofi talks about the struggle

against neo-colonialism - the economic dominance of the less developed nations by the more developed. Ghana and the other West African nations have known this struggle, and it seems to appear in the present civil war in Angola.

I hope you are keeping well and that the practice is expanding. How are the children? The boys will be almost young men by now, I expect.

I am enclosing a few photographs of us. The two elderly people are my parents - Kofi took the photos while they were visiting us during the summer.

Jennifer will start school in January. She thinks that she is a very big girl now. All being well, she will get a baby brother or sister next April. I will let you know when that happens.

We hope that you will have a happy Christmas with your children. And that the New Year will bring brighter prospects for you personally and for all men & women of goodwill in your country.

Love, Grace & Kofi